



Mouth Matters
Carol Vander Stoep, RDH

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INTERVIEW LINK EXAMPLES:

Dr. Joseph Mercola, DO (Osteopathic Physician, alternative medicine proponent, New York Times Best-Selling Author) THE DRAMATIC BENEFITS OF MINIMALLY INVASIVE DENTISTRY

<http://articles.mercola.com/sites/articles/archive/2013/02/24/invasive-dentistry-benefits.aspx> (See also 27 minutes into: <http://onevibe.com.au/videozone.php?page=playvideo&video=1410>)

- Referenced in two more Dr. J. Mercola interviews (I screened him for myofunctional needs and ascertained he needed a frenum release, then intensive myofunctional therapy. See: <http://articles.mercola.com/sites/articles/archive/2012/09/24/speech-therapy-for-sleep-apnea.aspx>)
- I also explained his need to change his oxygen/carbon dioxide blood ratios via Buteyko breathing exercises or a BreathSlim Device: See: <http://articles.mercola.com/sites/articles/archive/2013/11/24/buteyko-breathing-method.aspx>

Randy Shoup, DDS, The Doctor Shoup Show. FLUORIDE OVERDOSING/MINIMALLY INVASIVE MICRO-DENTISTRY OZONE IN DENTISTRY. Dr. Shoup welcomes a nationally known dental hygienist and author of the book – Mouth Matters. Learn about the best ways to be pro-active about dental health and why that horrendous drilling is really NOT needed. <http://www.ddsradio.com/wp-content/uploads/2012/12/6-22-13-Shoup-Seg-3-Carol-Vander-Stoep.mp3>

Patrick Timpone: CONTROL YOUR BREATH, CONTROL YOUR LIFE: HOW MOUTH BREATHING AFFECTS EVERYTHING FROM FACE SHAPE, JAW DEVELOPMENT, SLEEP, GROWTH, PERFORMANCE AND MOST EVERYTHING ELSE IN YOUR LIFE: <http://oneradionetwork.com/dental-healing/special-2-5-hour-show-carol-vander-stoep-control-your-breath-control-your-life-how-mouth-breathing-affects-everything-from-face-shape-jaw-development-sleep-growth-performance-and-most-everyth/>

Patrick Timpone: HOW ORAL HEALTH INFLUENCES AND REFLECTS OVERALL WELLBEING: <http://oneradionetwork.com/dental-healing/carol-vander-stoep-how-oral-health-influences-and-reflects-overall-wellbeing-may-10-2012/>

Peter Bianco. CROOKED TEETH, TOO SMALL A JAW. WHY?

<http://www.radio4all.net/index.php/program/69084>. Summary: We talk about the importance of proper mouth posture. We also discuss ozone gas and ozonated oils in dentistry. Reattaching loose gums using ozonated oils. We also touch on adhesive dentistry, gum disease, remineralizing pastes and biofilm.

Paula Horan, Ph.D., Psychologist. MOUTH MATTERS: RESHAPE YOUR MOUTH, RESHAPE YOUR FACE.

<http://www.blogtalkradio.com/efradio/2013/09/03/mouth-matters-reshape-your-mouth-reshape-your-face>

PRINT

Terhune Alty, Cathleen. "That's How the Light Gets In." *RDH* Aug. 2013: 30-36. Print.

An interview with author Carol Vander Stoep explores how dentistry can improve care by changing traditional approaches. <http://www.rdhmag.com/articles/print/volume-33/issue-8/features/thats-how-the-light-gets-in.html>

Vander Stoep, Carol. "Children's Sleep Solutions." *News 'n Views* Winter 2013: 3-4. Print.