

TONGUE-TIE:

1. **Short Lingual Frenulum and Obstructive Sleep Apnea in Children** *Yu-Shu Huang, Stacey Quo, J Andrew Berkowski and Christian Guilleminault, Huang et al.* Int J Pediatr Res 2015, 1:1
<http://www.mouthmattersbook.com/mrsdalloway/wp-content/uploads/2012/01/Huang-Quo-GuilleminaultI-Short-Frenulum-Pediatric-OSA-Myofunctional-Therapy-JPR-4.2015.pdf>
2. **Babies need free tongue movement to decipher speech sounds** UNIVERSITY OF BRITISH COLUMBIA
http://www.eurekalert.org/pub_releases/2015-10/uobc-bnf100915.php
3. **Effect of tongue position on postural stability during quiet standing in healthy young males.** *Alghadir AH1, Zafar H1,2, Iqbal ZA1.* Somatosens Mot Res. 2015 Sep;32(3):183-6. doi: 10.3109/08990220.2015.1043120.
<http://www.ncbi.nlm.nih.gov/pubmed/26400633>
4. Orofacial Myofunctional Therapy and Frenectomy – tongue tie surgery and healing - See more at: (Blog by: Judith Dember-Paige) <http://oromyologist.com/orofacial-myofunctional-therapy-after-frenectomy>

SLEEP DISORDERS LIKE APNEA, SNORING, AND MYOFUNCTIONAL THERAPY:

5. **Sleep Disorders and Myofunctional Therapy Presentations:**
SlideShare lecture by *Dr. Barry Raphael*: Introduction to Airway Orthodontics
<http://www.slideshare.net/drbarry/airway-mini-res-airway-ortho-intro>
6. **Sleep Disorders and Myofunctional Therapy Literature Review:**
https://docs.google.com/document/d/1B8ot_dKRE_zJiFNM1ZHXXmiMK1250pk7moyhFJZysp4/edit?pli=1
7. **Long-Term Cognitive and Behavioral Outcomes following Resolution of Sleep Disordered Breathing in Preschool Children.**
Biggs SN1, Walter LM1, Jackman AR2, Nisbet LC3, Weichard AJ3, Hollis SL3, Davey MJ4, Anderson V5, Nixon GM4, Horne RS1.
<http://www.ncbi.nlm.nih.gov/pubmed/26418065>
8. **What Happens to a Child's Brain When They Snore?** (SlideShare)
<http://www.slideshare.net/AssocProfDavidMcIntoo/what-happens-to-a-childs-brain-when-they-snore-52878226>
9. **Obstructive sleep apnea exacerbates airway inflammation in patients with chronic obstructive pulmonary disease.** *Sleep Med.* 2015 Sep;16(9):1123-30. doi: 10.1016/j.sleep.2015.04.019. Epub 2015 Jun 3.
Wang Y1, Hu K2, Liu K3, Li Z3, Yang J3, Dong Y3, Nie M3, Chen J1, Ruan Y1, Kang J1.
<http://www.ncbi.nlm.nih.gov/pubmed/26298789>

10. Effects of Oropharyngeal Exercises on Snoring: A Randomized Trial. Ieto V, Kayamori F, Montes MI, Hirata RP, Gregório MG, Alencar AM, Drager LF, Genta PR, Lorenzi-Filho G. *Chest*. 2015 Sep 1;148(3):683-91. doi: 10.1378/chest.14-2953. <http://www.ncbi.nlm.nih.gov/pubmed/25950418>

TONGUE SCALLOPING AND SLEEP APNEA:

11. The association of tongue scalloping with obstructive sleep apnea and related sleep pathology. Weiss TM1, Atanasov S, Calhoun KH. *Otolaryngol Head Neck Surg*. 2005 Dec;133(6):966-71. <http://www.ncbi.nlm.nih.gov/pubmed/16360522>

APNEA AND CHANGES IN GUT MICROBIOTA:

13. Intermittent hypoxia alters gut microbiota diversity in a mouse model of sleep apnoea. Moreno-Indias I, Torres M, Montserrat JM, Sanchez-Alcoholado, et al. 2015 *Apr*;45(4):1055-65. doi: 10.1183/09031936.00184314. Epub 2014 Dec 23. <http://www.ncbi.nlm.nih.gov/pubmed/25537565>

AUTISM AND SLEEP DISORDERED BREATHING:

14. Autism, Sleep Disordered Breathing, and Intracranial Hypertension: The Circumstantial Evidence. D. E. Wardly [2014] *Med. Hypotheses Res*. 9: 17-49. http://journal-mhr.com/PDF_Files/vol_9_1N2/PDF/9_1N2_2.pdf

SLEEP APNEA, CLENCHING, AND JAW JOINT (TMJ) PAIN:

15. High-risk obstructive sleep apnea and sleep/awake bruxism: How do they relate to TMD? Aug 27, 2015, Elizabeth Kornegay, RDH, BSDH <http://www.dentistryiq.com/articles/2015/08/high-risk-obstructive-sleep-apnea-and-sleep-awake-bruxism-how-do-they-relate-to-tmd.html>